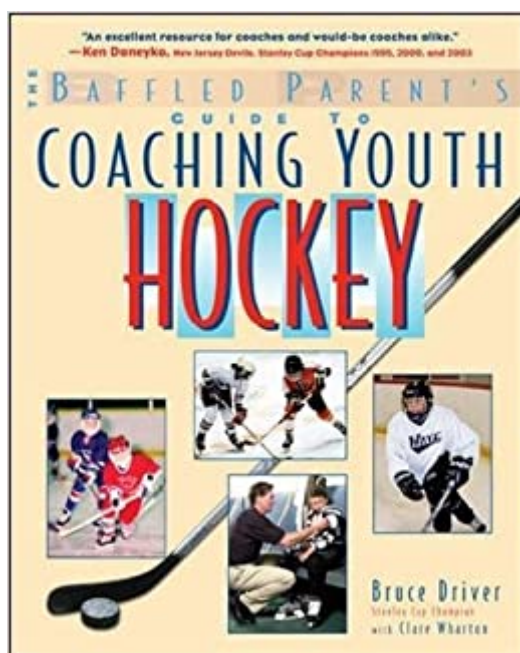


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# The Baffled Parent's Guide To Coaching Youth Hockey (Baffled Parent's Guides)



## Synopsis

"This is a great book that touches on the most important parts of the game: sportsmanship, discipline, and most importantly, fun." — Larry Robinson, member of the Hockey Hall of Fame, six-time Stanley Cup Champion Coach. You thought you were just going to sign up your child for the youth league, but when no one else stepped forward, you volunteered to coach the team. But you can't tell a flip pass from a slap shot or an angle check from a hip check! Don't panic! Coaching Youth Hockey is here to help. From your first team meeting to the season-ending pizza party, Coaching Youth Hockey will get you started and keep you going. You'll learn how to teach the fundamental skills of passing, stickhandling, shooting, and checking. You'll even learn to develop your own coaching style — one that works best for you and your players. Before you know it, you'll be coaching players who are moving, motivated, and most of all, having fun. Survive your first practice and first game Match drills to ability Make practices safe, fun, and rewarding Improve your players and your team Reach all your players Be the coach you never had "A must-read book that provides guidelines for both parents and coaches in their relationships with young athletes." — Lou Lamoriello, CEO, president, and general manager, New Jersey Devils "Just what hockey needs! Everything you may encounter with young players can be answered in the pages of this extremely well-written book." — Tom McVie, forty-nine years in pro hockey as a player, coach, and scout "I was totally confused about instructing my sons when they played hockey. This book would have prevented me from ever having been baffled." — Stan Fischler, "The Hockey Maven," NHL analyst for MSG SportsDesk, and author of Fischler's Illustrated History of Hockey "Bruce Driver's success as a player came from being a student of the game. He has applied his knowledge of hockey to this coaching guide in an extremely thorough way. A must-read for all youth coaches." — Grant Standbrook, head recruiter and assistant coach, Maine Black Bears; former head coach, Dartmouth College

## Book Information

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## Customer Reviews

"An excellent resource for coaches and would-be coaches alike."

"This is a great book that touches on the most important parts of the game: sportsmanship, discipline, and most importantly, fun." — Larry Robinson, member of the Hockey Hall of Fame, six-time Stanley Cup Champion Coach. You thought you were just going to sign up your child for the youth league, but when no one else stepped forward, you volunteered to coach the team. But you can't tell a flip pass from a slap shot or an angle check from a hip check! Don't panic! Coaching Youth Hockey is here to help. From your first team meeting to the season-ending pizza party, Coaching Youth Hockey will get you started and keep you going. You'll learn how to teach the fundamental skills of passing, stickhandling, shooting, and checking. You'll even learn to develop your own coaching style — one that works best for you and your players. Before you know it, you'll be coaching players who are moving, motivated, and most of all, having fun. Survive your first practice and first game Match drills to ability Make practices safe, fun, and rewarding Improve your players and your team Reach all your players Be the coach you never had "A must-read book that provides guidelines for both parents and coaches in their relationships with young athletes." — Lou Lamoriello, CEO, president, and general manager, New Jersey Devils "Just what hockey needs! Everything you may encounter with young players can be answered in the pages of this extremely well-written book." — Tom McVie, forty-nine years in pro hockey as a player, coach, and scout "I was totally confused about instructing my sons when they played hockey. This book would have prevented me from ever having been baffled." — Stan Fischler, "The Hockey Maven," NHL analyst for MSG SportsDesk, and author of Fischler's Illustrated History of Hockey "Bruce Driver's success as a player came from being a student of the game. He has applied his knowledge of hockey to this coaching guide in an extremely thorough way. A must-read for all youth coaches." — Grant Standbrook, head recruiter and assistant coach, Maine Black Bears; former head coach, Dartmouth College Bruce Driver played for the New Jersey Devils for eleven seasons, winning the Stanley Cup in 1995. He

spent his last three years in the NHL with the New York Rangers. He has coached high school and youth hockey since 1999. Clare Wharton

Good book.

Overall, this is a great book that touches on all aspects of hockey. I am a high school hockey coach and this book has some really nice drills and information in it. We are using a couple already in practice that work great. One thing that I was hoping for (4 stars instead of 5) was a little more intense drills or more detailed info for the higher levels of hockey. Also, it only has 3 goalie drills which was a little disturbing. As a goalie coach as well as an assistant, I find that upsetting since the position is so important, but yet it's the most overlooked. However if you are a parent or coach looking for a book that touches on every aspect of hockey as well as drills this is definitely the one. I do find the parts on dealing with parents and setting up practice plans also helpful. It was well written and has a lot of great info from an NHL player and Stanley Cup winner. It is one of the best books that puts it all together for you to learn the sport of hockey. I would suggest picking up the book: Complete hockey instruction by Dave Chambers with this book and as far as goaltending is concerned, go to [...] That has some of the best info concerning that position. With these 3 items you would have a pretty good arsenal on coaching and understanding the sport.

If you've wondered what's happened to Stanley Cup winner Bruce Driver since he wrapped up his illustrious 15-year career playing hockey with the New Jersey Devils, you'll find the answer in the new book, "The Baffled Parent's Guide to Coaching Youth Hockey". Admirably, Driver has been teaching young, would-be hockey stars the secrets of the game. Don't be put off by the long title - in this volume, Driver, and co-author Clare Wharton have scored a major goal with this highly readable and entertaining offering. If you've stumbled across it, you've found treasure. Driver has wisely teamed up with Wharton, a skilled writer with an extensive background in Hockey. She has taken the shoulder pads, the knee pads, the helmet and skates of the material and, with humor, molded them into a star of the ice. With sections on everything needed for first-time and veteran coaches alike, NHL drills appropriate for youth hockey, proven team-management techniques, tips on teaching and understanding hockey fundamentals and so much more, Driver lets us in on all of his secrets. Hockey moms (and they are legion) who have had to spend endless afternoons - and early mornings, if time on the ice is limited - driving their little Drivers to the ice rink for practice, and dads, stuck at work but footing the bills for all that expensive equipment, will be happy to learn, through

this enlightening tome, what happens to junior once he gets there. "The Baffled Parent's Guide to Coaching Youth Hockey" is a winner! Anyone with even a passing interest in hockey, or sports in general, will find Bruce Driver and Clare Wharton's book a delightful experience. Art Scott Mystery writer And Historian

When I first ordered this book I thought it would be just be another "How to..." book. This book is DETAILED. From the advise on managing your team to the skating, shooting, puck handling and checking fundamentals to the instruction for each and every position on the ice. And to top it all off there are countless detailed drills for every situation and level of team and player developemnet. As a USA Hockey Coach at the Bantam level, this book will go into my briefcase as a handy reference. This should not be the "Baffled" parents guide, but the "Detailed" Parents guide to Coaching Youth Hockey. This should be mandatory reading for every parent and coach before they enter the rink. This is truly an awesome effort.

Coaching Youth Hockey: The Baffled Parent's Guide is the perfect book for coaches, parents and young players. Each chapter is essential reading with detailed information, great pictures, and invaluable diagrams that make understanding the game a simple task. This book offers tips on how to coach effectively and how to build good sportsmanship. This is by far the best written and most detailed guide about coaching youth hockey. It also offers its reader the choice to read chapter by chapter or to refer to a particular chapter for a specific skill. This guide is a must for your sports library!

I was floored by thoroughness of expertise and professionalism in this book, which goes hand-in-hand with the sheer passion for the game and wisdom in teaching children that comes through on every page. No detail of technique, sportsmanship or strategy is left out here, and the book is as useful a guide for would-be coaches inexperienced in the ways of the game as it is for veteran coaches looking broaden their knowledge base. Bruce Driver's talent both as a former Stanley Cup winner and a long time coach combined with Clare Wharton's flawless and engaging writing style makes this book an absolute must for hockey lovers new and old.

I highly recommend this book! It is a well-written, well-organized book for the youth hockey coach and parent as well as for the avid youth hockey fan. It covers all apsects of coaching youth hockey, from teaching the basics of the game through developing hockey skills and finally to playing the

game itself. Most importantly, the book teaches the youth hockey coach and the parent how to develop the most important element of the game - the hockey player!

Having become a hockey fan in the last couple of years, I was drawn to this book in an attempt to gain a better understanding of the sport. It's a perfect book for a newcomer - not only for coaching - but new fans as well. The book clearly and precisely explains the many rules of the game as well as the coach's role in developing young players. Diagrams are very well done and I would recommend the book to coaches, parents and new fans as well!

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